CHS COVID-19 Initiatives

May 27, 2020

Rising to the Challenge during COVID-19

Please take the time to acknowledge the hard work of CHS employees, faculty and students throughout this summer, please submit your names to us via CHSCovid@asu.edu.

You can also send a SUN Award to recognize your colleagues.

SHOUTOUT to Kate Brown & Zach Cordell!

We would like to thank Kate and Zach for all their hard work in leading the COVID-19 Health & Well-being domain! This domain has been incorporated into the other 4 domains. We want to recognize Kate and Zach masterful efforts! You ROCK!

SHOUTOUT to ASU’s National COVID-19 Diagnostic Summit Support

The ASU planning team (Mara Aspinall, Deborah Helitzer, Scott Leischow, Nate Wade, and Carl Yamashiro) for the National COVID-19 Diagnostics Summit would like to thank all of the individuals who helped make this past Friday’s Summit a success. Thank you to Daniel Eckstrom for coordinating the participant survey, the RSVP list, invitations, and meetings over the past several weeks. Thank you to Cindy Lucas, Rachel Otero, Carolyn Paige, Malissa Todd, Tina Young, and Lisa Zingale for attending the summit and taking notes during six breakout sessions. Thank you to Marcus Jones, Zakk Swihart, and Marissa Tuchalski for helping with zoom logistics and moderator best practices. Thank you to Sandy Martinez and Tyna Chu for coordinating support for the summit. Thank you to Leo Pardo for adding the diagnostics database to the COVID-19 resource hub. Thank you to Julie Krell for helping with all aspects of marketing and communications for the summit.

Announcements
CHS COVID-19 Resource Hub website is live

The COVID-19 Resource Hub from the College of Health Solutions at Arizona State University is designed to support your health and well-being during the COVID-19 pandemic. With resources for all ages and populations — including parents, children, teachers, students, veterans and health professionals — we remain committed to serving our communities and helping you thrive.

We take a comprehensive approach to health and offer support for working, learning and living. We are in this together: If you have a resource to suggest, connect and reach out.

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Highlights

Parents Corner: Story Time with the Dean

Dean Helitzer shares her love of children’s books to bring a little joy to your children’s lives during this time. Check out The Story About Ping, the 1933 classic about a duck lost on the Yangtze River.

Share pictures of your children enjoying the reading or submit a book request by emailing Daniel Eckstrom.

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Self-Care Sunday: Pet Days

May 20 was National Rescue Dog Day and May 30 is International Hug Your Cat Day! All our pets are trying to adapt to their owners being home more than normal. Cuddle them, give them a bath, make them a homemade treat, or take them for a walk. To view some fun and easy recipes for making your own doggie treats click HERE. Your pets will love you!

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COVID-19 & Wellness Events

Health Talks: COVID-19 Series

The Effects of COVID-19 on Vulnerable Populations
Thursday, June 4th from 1pm-2pm.

Contact Tracing: A Key Component to Fighting COVID-19
Thursday, June 18th from 1pm – 2pm.

Missed out on past Health Talks? See them HERE.
CHS COVID-19 Initiatives Domain Meeting Updates

Are you interested in joining a COVID-19 Initiative domain or their meetings? Click on the links below for details and contact information.

Active Domains:
- Faculty and Staff Vitality
- Community Partnerships and Engagement
- COVID-19 Translational Teams and Research

Student Vitality Update:
This domain is on hiatus for the summer. Several small subgroups will continue to connect however. Click on the link above to get involved with their ongoing projects.

CHS COVID-19 Brown Bag
Tuesday, June 2, 12:05pm-12:55pm, https://asu.zoom.us/j/97479535411
Dates: June 2, June 16

Conversations for Collaboration
If you would be interested in joining the next Conversations for Collaboration on Indigenous Peoples' Health, please email CHSCovid@asu.edu to be included in the meeting invitation once it is scheduled.

CHS Yoga Series 🌺
Monday and Fridays, 7:30am – 8:30am, https://asu.zoom.us/j/6635096928
Dates: May 29, June 1, June 5, June 8, June 12, June 15

NEW: Mindful Mornings 🌺
Wednesdays, 9:00am - 9:30am, https://asu.zoom.us/j/99311141867
Dates: May 27, June 3, June 10

Join CHS faculty and staff for morning mindfulness practice with Ann Sebren, CHS Principal Lecturer and Certified Mindfulness Teacher-Professional. We will explore a variety of practices for giving close and caring attention to our immediate experience in order to help reduce automatic habits of reactivity, create a greater sense of ease, and enhance wise, caring response.
**CHS Morning Cup**
Every other Thursday, 7:30am - 8:00am, [https://asu.zoom.us/j/6024961123](https://asu.zoom.us/j/6024961123)
Dates: May 28, June 11

**CHS Happy Hour**
Fridays, 4:30pm - 5:30pm, [https://asu.zoom.us/j/97229886760](https://asu.zoom.us/j/97229886760)
Dates: June 5, June 19
*Except for the last Fridays of every month, when Science Distilled takes place.*

**Parenting in the Pandemic**
First Wednesday of the month, 10:30am-11:30am, [https://asu.zoom.us/j/99587765165](https://asu.zoom.us/j/99587765165)
Date: June 3

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**Coming Soon**

**Webinar: Summer of COVID-19 – Mitigating Direct and Indirect Impacts in the Coming Months**

Wednesday, May 27, 5pm-6:30pm, 2pm Arizona Time
[REGISTER NOW](https://asu.zoom.us/j/99587765165)

The webinar will explore how the normal course of events including warming weather, tornadoes and hurricanes, months of stay-at-home orders and loosening of restrictions combine to impact health and well-being.

This session is part of the *Responding to COVID-19: A Science Based Approach* series. Learn more [HERE](https://asu.zoom.us/j/99587765165).

Participants can earn 1.5 [CPH, CME, CNE, or CHES continuing education credits](https://asu.zoom.us/j/99587765165).

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**Resources**

Join the #annt_qna Slack channel to ask questions, share insights, and post opportunities involving your own team or network! The channel is located under the College of Health Solutions workplace in Slack.
COVID-19 Translational Team slack channel

Student Vitality slack channel

CHS Working Parent Collaborative slack channel

CHS Employee Emergency Fund

In this time of unprecedented crisis, you can provide meaningful and rapid support to faculty, staff and students in ASU’s College of Health Solutions. Let’s help each other by donating to the CHS Emergency Fund today HERE.

CHS Pantry for Staff and Faculty

Complete the CHS Pantry Needs Assessment survey to provide or get support during this evolving time. We are here to support you in any way we can.

Once funds are available, the Faculty and Staff Vitality team will share the process for seeking assistance. If you have questions, please contact CHSCovid@asu.edu.

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#GiveEmHealthDevils

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